

**MEAL DEAL ONLY £2.20**  
**includes a juice cuplet or bottle of water**

| <b>DAY</b>                              | <b>MAIN COURSE</b>   | <b>VEGETABLES</b>                           | <b>DESSERT</b>   |
|---|--|---|--|
| <b>Monday</b>                           | Roast Beef and Yorkshire Pudding<br><br>Or<br>Fresh Salmon in Dill Sauce | Roast Potatoes, Carrots, Cauliflower Cheese | Rice Pudding and Jam or Cheesecake                     |
| <b>Tuesday</b>                          | Chicken Tikka<br><br>Or<br>Mushroom Stroganoff with Rice, ½ Naan         | Salad, sweetcorn                            | Parkin & Custard                                       |
| <b>Wednesday</b>                        | Spaghetti Bolognese & Garlic Bread<br><br>Or<br>Red Pepper Quiche        | ½ jacket potato, salad, broccoli            | Cornflake Tart & Custard                               |
| <b>Thursday</b>                         | BBQ Chicken Wrap<br><br>Or<br>Cheese & Onion Pie                         | Spicy Potato Wedges, Salad, coleslaw        | Chocolate Sponge and Chocolate Sauce                   |
| <b>Friday Languages Celebration Day</b> | Chicken Chasseur<br><br>Or<br>Caramelised Onion & Feta Quiche            | Parmentier Potatoes, Salad, Ratatouille     | Tart Tatin and Ice Cream<br><br>or<br>Chocolate Eclair |