

## Key Stage 3 Physical Education Lessons

Dear Parents and Carers

I would like to take this opportunity to share key information with regards to Physical Education at Brooksbank School.

The PE Department are currently following Government guidelines and those issued by the AfPE with regards to delivery of the Physical Education curriculum. In line with the guidance, we have amended our programme of study to create a safe learning environment whilst continuing to deliver high quality Physical Education provision. Students will remain in their “bubble” classes for their lessons and we have measures in place that allow students to be organised into smaller groups. Thorough cleaning of PE equipment before and after lessons will be undertaken and staff will ensure lessons adhere to the guidance provided for each activity. With the return to school, activities taking place in P.E lessons will be of lower impact than usual.

Government guidance advises that P.E lessons are delivered outdoors. As a result of this, the majority of lessons will take place in open air spaces and there will be occasions where lessons take place in inclement weather such as light rain. Previously, P.E lessons would have moved to an indoor space, however, this may not be possible due to the number of groups and restrictions on facilities.

Government guidance also advises against the use of changing facilities. Changing rooms are an area of increased risk of transmission of Covid-19 and must be thoroughly cleaned and sanitised after each use by different “bubbles” through an enhanced cleaning regime. To avoid any unnecessary risk, we have decided to ask students to only change their footwear for PE lessons and therefore avoiding the use of changing rooms.

However, we appreciate there are times when the weather will not be kind to us, so we are asking students to bring a basic kit (shorts/leggings and t-shirt) in addition to appropriate footwear. There will be instances where students will be required to get changed to avoid wearing wet clothes for the remainder of the day. In these situations, the practical activity time will be shortened to allow for the safe use of the changing facilities.

If the weather is unsafe or unsuitable for P.E to be delivered outside a wet weather plan will be applied. This may result in P.E being moved to a classroom while students complete a P.E theory lesson. Please be re-assured this decision has been taken with the safety of our students and their families at the forefront and we will continue to review the government and AfPE guidance, plan accordingly and inform you of any changes we make.